



**CONTACT INFORMATION:**

Stefan Verstappen

1746-F South Victoria Ave. PMB 313,

Ventura, CA, 93003

(805) 648-5655

E-mail: sverstappen@yahoo.com Website: <http://www.chinastrategies.com/littlewarrior.htm>

Tuesday, November 01, 2005

- FOR IMMEDIATE RELEASE -

## **New Street Safety and Self-Defense Program Turns Kids into Little Warriors**

*“In America 750,000 children are reported missing every year. Each year a staggering 50,000 are never heard from again.”*

FBI Crime Statistics 2000

With increasing media coverage of child abductions, sex offenders, and missing children, there is an urgent need to teach children Life Training Skills that can help kids to avoid and escape the many dangers of modern society.

**The Little Warriors Street Safety Program** is a unique new street-proofing and safety program that teaches kids ages 5 to 9 how to be safe, how to protect themselves from danger, and what to do in an emergency.

This program uses role-playing games and demonstrations to involve children and helps create a high level of interest. These games teach children survival skills without causing anxiety or a loss of innocence. Children do not have to understand all the reasons *why* something is wrong, they just need to know *when* something is wrong and what to do. Role playing games teach by doing, rather than lecturing. By physically re-enacting a skill through games and exercises, children create new nerve pathways in the brain that will enable them to use that skill instinctively later if they need to. These good instincts will serve to protect kids their whole lives.

The **Little Warriors Street Safety Workbook** for kids, and the **Street Safety Teachers Guide** for adults, together provide parents and educators with easy to follow step-by- step instructions that enable any parent, teacher, or coach to conduct an exciting and effective street-proofing course in their home, school, after-school program, or summer camp.

For more information about all Little Warrior Programs visit:

<http://www.chinastrategies.com/littlewarrior.htm>

### **Street Safety Teachers Guide**

Size: 8.5" X 11" Trade Paperback high gloss soft cover

This 64 page illustrated teachers guide provides easy to follow step-by-step instructions on how to teach children ages 6 to 10 a fun and effective safety program that emphasizes predator and stranger abduction prevention techniques.

Includes:

15 Home & Street Safety Lessons

12 Easy to learn Self-Defence Techniques

Sample Lesson Plan

9 Role Playing Games

Teaching & Parenting Tips

Simple advice on how to apply the lessons learned to everyday life.

**Plus:** Top Ten Safety Tips, step-by-step directions on what to do if your child goes missing, and how to create a Child Identity Kit.

### **Kids Street Safety Workbook**

Size: 8.5" X 11" Trade Paperback high gloss soft cover

This 40 page full color workbook contains just the safety and street proofing lessons from the Little Warriors Karate Program and is part of a great short course for kids. This Workbook is used in conjunction with the Little Warriors Street Safety Teachers Guide as part of a complete mini-course in street proofing.

**Plus:** Cut-out Important Information sheet. Fill out and then pin this page close to the phone or on the fridge so that kids can have quick access to important telephone numbers in case of emergency.

### About the Author

Creator Stefan Verstappen is a writer and martial arts teacher with over 25 years experience. He developed the Little Warrior program over a ten-year period of teaching young children safety and self-defense. One of a handful of westerners to live and study in China, Verstappen's adventures have been featured on TV, radio, and newspaper and magazine articles. Stefan's previous books include: ***The Thirty-Six Strategies of Ancient China***, and ***Blind Zen A case study in sensory enhancement training for the blind***. He has written numerous articles for various publications and is a regular contributor to *Black Belt*, and *Inside Kung Fu* magazines.

###