



Stefan Verstappen
1746-F South Victoria Ave. PMB 313,
Ventura, CA, 93003
(805) 648-5655
E-mail: sverstappen@yahoo.com Website:
<http://www.chinastrategies.com/littlewarrior.htm>

About the author

Stefan Verstappen has a long history of teaching safety and survival skills.

In the early 80's he worked as an Out-Tripper for the Toronto Boys Home, taking troubled teenagers from inner city group homes deep into Algonquin National Park and teaching them wilderness survival. Later he worked as a street worker in Toronto's infamous 'Corridor' housing project, and helped to establish drug-counseling centers, after school athletic programs, and a day care center.

Stefan later worked for St. John Ambulance, teaching emergency first aid and CPR. He was involved in the planning and execution of mock civil disaster drills in which volunteer ambulance divisions and local hospitals coordinated and evaluated their capabilities.

A long time student of the martial arts, in 1987 Verstappen moved to Hong Kong and Taipei where he spent four years traveling throughout Asia studying oriental culture and martial arts. He studied with several renowned Kung Fu teachers, from hill tribe Shamans of the Golden Triangle, to back alley street fighters in the concrete canyons of Hong Kong. His adventures have been featured on Taiwan TV, on radio interviews, and several newspaper and magazine articles.

Stefan is also an author and published his first book, **The Thirty-Six Strategies of Ancient China**, China Books & Periodicals, SF, in 1999. He has written numerous articles for various publications and is a regular contributor to *Black Belt*, *Jade Dragon*, and *Inside Kung Fu* magazines

Since returning to Canada, Stefan has taught thousands of students including the handicapped. He wrote a book on his teaching the blind called "**Blind Zen**, *A case study in sensory enhancement for the blind*" which combines sensory enhancement techniques with martial arts to develop confidence and overcome fear.

In 1993 Stefan was approached by a parenting group to teach street proofing to group of young children. Drawing on the advice of educators and police officials, he developed a program of instruction that teaches children 5-9 years of age character building techniques with real street smart defensive skills. Stefan created unique games and role playing exercises that are unrivaled in training kids to avoid one of the greatest threats in our modern society – sexual predators.

Stefan continues to write, teach workshops, and lecture on the benefits of martial arts.